

Health and Wellbeing in Central Witney - 2024 Community Survey

Why are you asking what I think?

West Oxfordshire District Council and Oxfordshire County Council Public Health are working on a project with community partners to find out more about health and wellbeing in places across the county. One of these areas is in Central Witney. A charity, Community First Oxfordshire (CFO), has been asked to talk to local residents to find out more about the following:

1. What kind of things (like organisations, services, and people in the community) support health and wellbeing?
2. What causes the biggest problems to people's health and wellbeing and what would help improve these?

What do we mean by wellbeing?

Wellbeing is the state of being or feeling comfortable, healthy, or happy. It also includes other things, such as how satisfied people are with their life as a whole, their sense of purpose, and how in control they feel.

What happens next?

Your views and experiences will help to create a really useful picture of what people in central Witney think about health and wellbeing and how it can be improved. This will help West Oxfordshire District Council, Oxfordshire County Council, and others to plan better for the future and develop services and projects to improve things.

Important information about how we will process your responses

This survey is completely anonymised so that anyone who completes it cannot be identified. The analysis of your feedback will be undertaken on behalf of West Oxfordshire District Council and the County Council by CFO. By completing this survey, you are consenting for your response data to be shared by these organisations. Your data will be processed by these organisations in accordance with the General Data Protection Regulation (2018). Please see the back of the survey for links to data protection and privacy policies.

CFO will provide an anonymous summary report on survey findings for West Oxfordshire District Council and the County Council - this report will be publicly available.

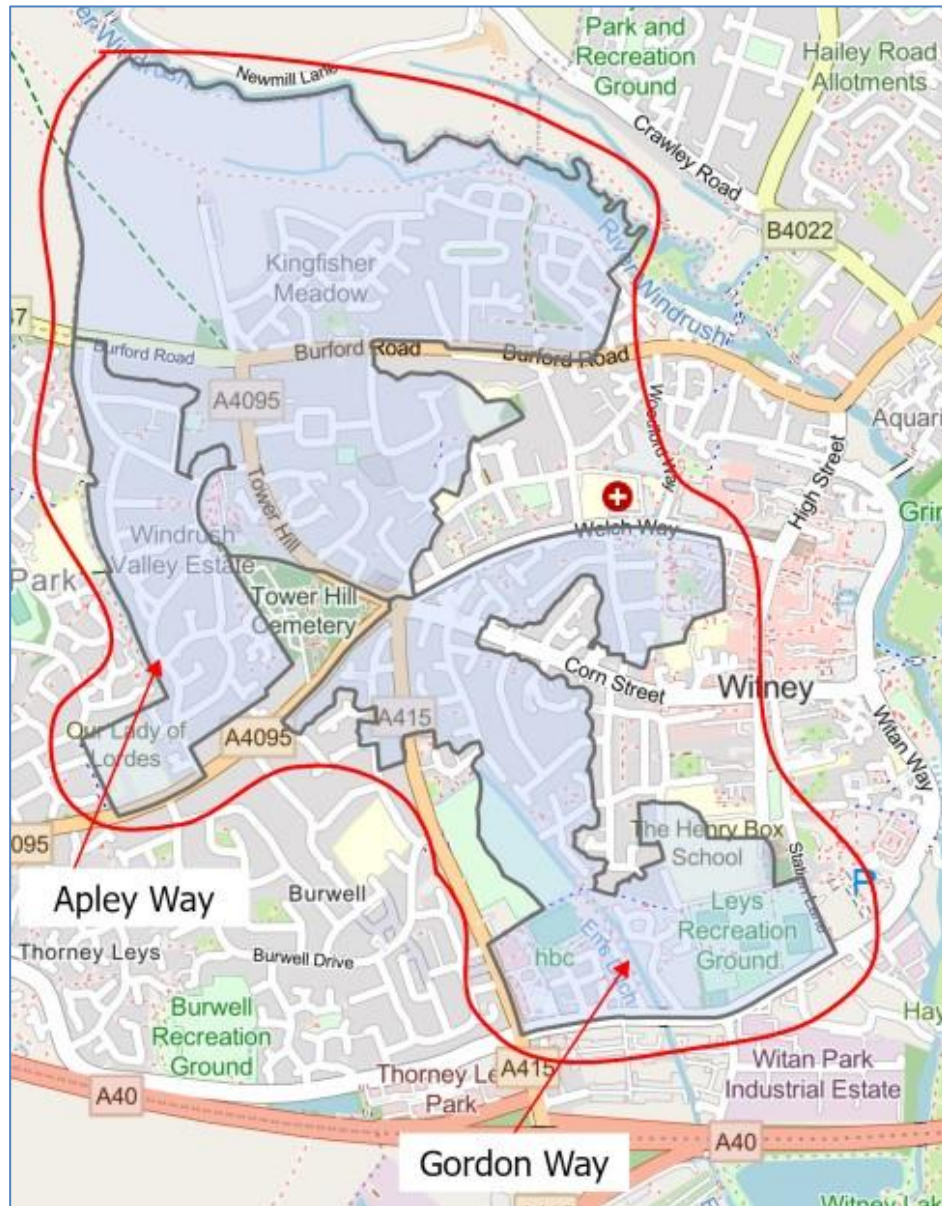
You can complete the survey online by following this link or scanning the QR code:

<https://www.surveymonkey.com/r/WITNEYHEALTH>



Or you can return a hard copy of your survey to
Freepost Plus RTUH-ALLT-RAHZ, Community First
Oxfordshire, South Stables, Worton Park, OX29 4SU

PART 1 – WHERE DO YOU LIVE?



1 – Do you live inside the area outlined in red in the map above?		<i>Please tick one</i>
Yes – please go to Part 2		
No – PLEASE DO NOT COMPLETE THE SURVEY AS YOUR ANSWERS WILL NOT BE RECORDED		

TURN OVER FOR PART 2 OF THE SURVEY

PART 2 – ABOUT YOU

2 – What is your age?

Please tick one

This survey is for those aged 15+

15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54
55-59	60-64	65-69	70-74	75-79	80-84	85+	

3 – What gender do you identify as?

Please tick one

Male	
Female	
Describe myself in another way	
Prefer not to say	

4 – What is your ethnic group? *Tick one option that best describes your ethnic group/background*

White English/ Welsh/ Scottish/ Northern Irish/ British	
Other white background	
Mixed/ multiple ethnic group	
Asian/ Asian British	
Black/ African/ Caribbean/ Black British	
Other ethnic group	
Prefer not to say	

PART 3 – LIVING IN CENTRAL WITNEY

5 – What do you like about living in central Witney?

Please tick all that apply

Community feeling	
Local shops and services	
Schools (Henry Box, Tower Hill Community Primary School, West Witney Primary, Our Lady of Lourdes School, Queen Emma's Primary, The Batt School)	
Green and open spaces	
Playparks	
Sports and recreation facilities	
Community groups and organisations	
Other: <i>please tell us what</i>	

6 – How satisfied are you about central Witney as a place to live on a scale of 1-5: 1 = not satisfied at all, 5 = very satisfied. *Please tick one*

1	2	3	4	5

7 – Please tell us if you agree or disagree with the following statements: 1 = do not agree at all, 5 = completely agree. *Please tick the relevant box for each*

	1	2	3	4	5
I feel involved in the decision making in central Witney					
I feel my views are listened to when asked about living in central Witney					
I participate in community consultations about central Witney					
I know where to get information about central Witney					
I feel I am part of the local community in central Witney					
I would like to be more involved in decision making and community consultations in central Witney					

8 – Have you contacted any of the following to seek assistance with an issue or to discuss a concern about living in central Witney? *Please tick all that apply*

Community group, organisation, or charity	
Council officer (Town, District or County)	
Local councillor (Town, District or County)	
Member of Parliament	
Other: <i>please tell us who</i>	

9 – How satisfied are you with your housing situation in each of these areas on a scale of 1-5: 1 = not satisfied at all, 5 = very satisfied. *Please tick the relevant box for each*

	1	2	3	4	5
Cost (rent or mortgage)					
Access to social (affordable) housing					
Location / neighbourhood					
Adequate size					
State of repair					
Other: <i>please tell us what</i>					

PART 4 – YOUR DAILY LIFE

10 – How often do you/ your household use these modes of transport?

Please select a frequency for each

	Daily	Weekly	Fortnightly	Monthly	Less than once a month	Never
Car						
Bus						
Train						
Taxi						
Motorbike/Moped						
E-scooter						
Bicycle						
Walking						
Wheelchair/ mobility aid						
Other: <i>please tell us what</i>						

11 – How easy do you find it to get around in and outside of central Witney on a scale of 1-5:

1 = not easy at all, 5 = very easy.

Please tick the relevant box for each

	1	2	3	4	5
To get around within central Witney					
To get from central Witney to other parts of the town					
To get from central Witney to other locations					

12 – Please tell us what would be helpful to you for getting around in central Witney?

Please tick all that apply

Improved bus frequencies or routes	
Increased parking options	
More cycle routes	
Improved pavements/ walking routes	
Other: <i>please tell us what</i>	

13 – Which community groups, classes, or activities do you use in central Witney? <i>Please tick all that apply</i>	
Groups and activities specifically for BABIES AND TODDLERS	
Groups and activities specifically for CHILDREN	
Groups and activities specifically for TEENAGERS AND YOUNG PEOPLE	
Groups and activities specifically for OLDER PEOPLE	
Sport and exercise groups/activities	
Craft and hobby groups/activities	
Physical health support groups/activities	
Mental health support groups/activities	
Faith or religion-related groups/activities	
LGBTQ + groups/activities	
Other – <i>tell us what below</i>	
<i>Please tell us specifically which groups etc. you use:</i> 	

14 – Which community spaces and places do you use or go to in central Witney and, if relevant, how often? <i>Please tick the relevant frequency for each</i>			
	Never use	Use occasionally	Use often
Community halls/ centres			
<i>Thoughts – tell us which place you are commenting on:</i> 			
Witney Library			
<i>Thoughts – tell us which place you are commenting on:</i> 			

	Never use	Use occasionally	Use often
Religious setting			
<i>Thoughts - tell us which place you are commenting on:</i>			
Shops			
<i>Thoughts - tell us which place you are commenting on:</i>			
Parks and playparks			
<i>Thoughts - tell us which place you are commenting on:</i>			
Other green spaces			
<i>Thoughts - tell us which place you are commenting on:</i>			
Other community spaces			
<i>Thoughts - tell us which place you are commenting on:</i>			

15 – How easy do you find it to access the following health services?

Please tick the relevant box for each

In the comment box underneath each service, please tell us more, including where you go and/or what could be improved.

	Never use	Difficult	OK	Easy
Health centre / GP				
<i>Thoughts:</i>				
Witney community hospital				
<i>Thoughts:</i>				

	Never use	Difficult	OK	Easy
Pharmacy				
<i>Thoughts:</i>				
Dental practice / services				
<i>Thoughts:</i>				
Oxford hospitals (e.g. JR, Churchill)				
<i>Thoughts:</i>				

16 – Tell us how safe you feel in the community at different times of day on a scale of 1–5:
 1 = not safe at all, 5 = very safe. *Please tick the relevant box for each*

	1	2	3	4	5
Day-time					
Night-time					

17 – Tell us more about your feelings of safety (such as what you feel could improve safety or your experiences with safety issues).

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18 – Which of the following statements do you agree with? *Please tick one*

I feel lonely all the time	
I feel lonely most of the time	
I feel lonely sometimes	
I rarely feel lonely	
<i>Please tell us more, if you wish:</i>	

19 – Please tell us whether you agree or disagree with the following statements: 1 = do not agree at all, 5 = completely agree.
Please tick the relevant box for each

	1	2	3	4	5
I know where I can meet other people in central Witney					
There are places and spaces where people can meet in central Witney					
People from different backgrounds can mix in central Witney					

Please tell us more, if you wish:

20 – Please tell us whether you agree or disagree with the following statements: 1 = do not agree at all, 5 = completely agree.
Please tick the relevant box for each

	1	2	3	4	5
I have the skills and/or qualifications to find employment					
There are local opportunities to learn new skills and/or gain qualifications					
I feel able to access local opportunities to learn new skills and/or gain qualifications					

PART 5 – YOUR HEALTH AND WELLBEING

21 – How healthy do you consider yourself, both physically and mentally, on a scale of 1-5:
 1 = not healthy at all, 5 = very healthy.
Please tick the relevant box for each

	1	2	3	4	5
Physically healthy					
Mentally healthy					

If you feel comfortable, you are welcome to share details of your health situation:

22 – Do you have a long-standing illness or disability that affects day to day life? <i>Please tick one</i>	
Yes	
No	
<i>If you feel comfortable, you are welcome to share details of your illness or disability:</i>	

23 – Has the COVID-19 pandemic had any long-term impacts on your physical or mental health? <i>Please tick the relevant box for each</i>					
	A very negative impact	A somewhat negative impact	No particular impact	A somewhat positive impact	A very positive impact
Physical health					
Mental health					
<i>If you feel comfortable, you are welcome to share details of the impact of COVID-19 on your health:</i>					

24 – What do you do to look after your health/ yourself? <i>Please tick all that apply</i>	
Socialise with friends	
Attend groups and organisations	
Keep active (e.g. playing sport, exercising, gardening, cycling, walking)	
Spend time outside	
Maintain healthy habits around food and eating	
Go to a religious setting	
Other: <i>please tell us what</i>	

25 – What things have made it more difficult for you to look after yourself/ your household? <i>Please tick all that apply</i>	
Income	
Lack of access to healthcare when I need it	
Job insecurity	
Problems with housing situation	
Lack of time	
Access to healthy and affordable food	
Getting around/ transport	
Access to the internet	
Health condition (physical and/or mental)	
Access to exercise (e.g. costs of classes/ availability)	
Childcare (e.g. costs or availability)	
Other: <i>please tell us what</i>	

26 – What do you think supports health and wellbeing in central Witney? <i>Please tick all that apply</i>	
Community spirit/ relationships	
Volunteering	
Green spaces, parks, and playparks	
Community groups/ organisations/ charities	
Religious settings	
Other: <i>please tell us what</i>	

27 – What do you think would improve the health and wellbeing of people living in central Witney? <i>Please tick all that apply</i>	
More community-led activities focused on health and wellbeing	
Community events to encourage interest in health and wellbeing	
Free or reduced cost access to events and activities	
Taster sessions for activities	

Activities at different times of the week/ day	
Activities that bring together people in different age groups	
Support groups for specific health issues	
Stronger community relationships	
<p>Do you have any other thoughts about how to improve health and wellbeing? Do you have any specific ideas? This might be a new group or specific activities for people to do. Please tell us below!</p>	

28 – In relation to food, please tick whether you agree with the following statements.			
	Yes	Sometimes / maybe	No
I can access affordable and healthy food options			
I and/or my family maintain healthy habits around food and eating			
I would value information and support about healthy food and eating habits			
<p><i>Please tell us more, if you wish:</i></p>			

29 – Do you notice any of the following activities taking place in central Witney?		
	Yes	No
People smoking		
People drinking alcohol and/or alcoholic drink litter		
People taking drugs and/or drug litter		

30 – If you answered ‘yes’ to any of Q29, where do you see these things taking place?
Please tick all that apply

	Inside the home	School gate areas	Parks / green spaces etc.	Shops	Bus stops
People smoking					
People drinking alcohol and/or alcoholic drink litter					
People taking drugs and/or drug litter					
<i>Other location: please tell us where</i>					

PART 6 – YOUR PERSONAL EXPERIENCES OF HEALTH AND WELLBEING

31 – We would really like to find out a bit more about your personal experiences of health and wellbeing. This could be:

- Your experience with a local service or project
- How you overcame a personal challenge
- Your personal or family experience during the COVID-19 pandemic
- How you/ your family maintain healthy habits
- Something different

Please write in the box underneath if you have something to share. Any information you provide will be anonymised but will be used as part of the report

32 - If you would be happy to be contacted about your story, please leave your contact details below.

We will only use these details to contact you about your experience - they will not be shared with anybody else.

PLEASE FILL IN THE DETAILS BELOW IF YOU CONSENT FOR COMMUNITY FIRST OXFORDSHIRE TO CONTACT YOU.

Name	
Email	
Phone	

MANY THANKS FOR YOUR TIME!

PRIVACY POLICIES

- You can read Community First Oxfordshire's Privacy Policy at:
<https://www.communityfirstoxon.org/privacy-policy/>.
- You can read West Oxfordshire District Council's Data Protection Policy at:
<https://www.westoxon.gov.uk/support/privacy-and-data/>
- You can read Oxfordshire County Council's Privacy and Data policies at:
<https://www.oxfordshire.gov.uk/council/about-website/privacy-notice#paragraph-5977>.