RUSCOTE AND NEITHROP COMMUNITY HEALTH PROJECT: WINTER 2022-23

Appendix 4
Research Questions

Focus Groups

FG Process is semi-guided question but **BOLD = core questions to cover in all FGs**:

- **What do you value about Ruscote and Neithrop as a community?**
- **What do you do, to keep healthy, mentally, physically, emotionally, and spiritually?**
- **What kinds of things are most challenging for you living in Ruscote and Neithrop that impact on health and wellbeing?** *(Not worrying about money; Job security; Good quality, affordable housing; Healthy and affordable food; Good local schools; Adult education and training opportunities; Good, locally-available services; Access to the internet; Getting exercise (walking, cycling or playing sport))*
- **Do you feel safe in the community?**
- **What local groups, services, organisations, community spaces etc. do you find particularly helpful or useful to your health and well-being?**
- **What are the other local strengths and resources that support community health and wellbeing** *(such as community spirit, individual skills, passions, knowledge, green spaces etc.)*
- **Do you think the local community would benefit from additional initiatives to support health and well-being?**
- **What do you think helps you/your family maintain healthy habits around food and eating and getting out and about, or what would help you?**
- **Thinking of people you know, do you think there would be interest in people joining with others (perhaps in a community group or project) to work on projects to support health and well-being?**
- **What do you think would encourage more local people to create or take part in health and wellbeing initiatives?**
- **From your conversations within your family and within the community, what do you think have been the main impacts of the Covid-19 pandemic?**
- What are your observations about how the community itself supported people during the pandemic?
- What are your observations about how local services such as GPs, local councils and other outside agencies supported the community during the pandemic?
- What were your observations about: living in a household with other people and not being isolated; having the technology to remain connected to family and friends; remaining in employment; having access to green space/nature etc
- Do you feel there were any positive changes to your life as a result of the pandemic (such as spending more time with family)?
- What lessons need to be learned from the pandemic, or what needs to be put in place, to ensure the community is better equipped to deal with the impacts next time round?

One to one conversations

Agency and organisation 121s

Questions:
- Name of organisation
- What is the main focus of your organisation's work?
- How many staff and/ or volunteers do you have available to work in Ruscote and Neithrop?
- Which projects, programmes, and initiatives focused on (or including) Ruscote and Neithrop you have been involved in (last 10 years)?
- Which groups/ charities/ agencies etc. do you work with most often?
- What has been your experience of collaborating with other groups/ charities/ agencies?
- In your experience, what works well in getting residents involved in projects and initiatives, and what doesn't (barriers to involvement)?
- In terms of the discussion and design of community-based projects and initiatives – what are the ingredients for success in the long term?
- What are the key challenges you face as a community-based organisation/ what are the main challenges you think community-based organisations face – what would help solve them?
- What do you think the main impacts of the pandemic were locally?
- What lessons need to be learned from the pandemic, or what needs to be put in place, to ensure the community is better equipped to deal with the impacts next time round?
- Do you have any other observations about health and wellbeing in Ruscote and how it could be improved?

Community 121s

BOLD = core questions to cover in all 121s. Italics = supplementaries if time/ if subject is interested.

- **What do you value about Ruscote and Neithrop as a community?**
- **What do you do, to keep healthy, mentally, physically, emotionally, and spiritually?**
- **What kinds of things are most challenging for you living in Ruscote and Neithrop that impact on health and wellbeing?** *(Not worrying about money; Job security; Good quality, affordable housing; Healthy and affordable food; Good local schools; Adult education and training opportunities; Good, locally-available services; Access to the internet; Getting exercise (walking, cycling or playing sport))*
- **Do you feel safe in the community?**
- **What local groups, services, organisations, community spaces etc. do you find particularly helpful or useful to your health and well-being.**

- **What are the other local strengths and resources that support community health and wellbeing** *(such as community spirit, individual skills, passions, knowledge, green spaces etc.)*
- **What do you think helps you/your family maintain healthy habits around food and eating and getting out and about, or what would help you?**
- **Do you think you and the local community would benefit from additional initiatives to support health and well-being?**
- **Would you be interested in joining with others (perhaps in a community group or project) to work on projects to support health and well-being?**
- **What do you think would encourage more local people to create or take part in health and wellbeing initiatives?**
- **What do you think have been the main impacts of the Covid-19 pandemic, either for you or for the community?**
- What are your observations about how the community itself supported people during the pandemic?
- What are your observations about how local services such as GPs, local councils and other outside agencies supported the community during the pandemic?
- What were your observations about: living in a household with other people and not being isolated; having the technology to remain connected to family and friends; remaining in employment; having access to green space/nature etc.
- Do you feel there were any positive changes to your life as a result of the pandemic (such as spending more time with family)?
- What lessons need to be learned from the pandemic, or what needs to be put in place, to ensure the community is better equipped to deal with the impacts next time round?