Abingdon Caldecott Community Profile Summary Sheet - June 2023

Oxfordshire County Council have been working with local partners to a create a community profile for the Abingdon Caldecott area. These are some of findings from the community insight that were gathered around the summertime of 2022. The full report can be found at Community Insight Profiles | Oxfordshire Insight

Things residents were proud of:

- Lots of green spaces and the riverside setting
- Friendly community
- Community groups and activities
- Parks

Health

That some of the ways members of the community keep healthy are:

- Walking
- Socialising with family/friends
- Going to community groups
- Sports

However, 4 out of 10 people reported struggling to eat healthily.

Things identified as challenges:

- Cost of living
- Built environment and some areas are run down
- Nowhere for young people to go for leisure
- Mobility affected by poor parking and lack of dropped kerbs
- Difficult to travel to community larder
- Difficult to travel to leisure centre
- Lack of support / funding for existing organisations
- Not knowing which services are available in the community
- Poor bus service

Some of the suggestions made on how to improve the area were:

- Better publicity of available services
- Activities which bring together people of different age groups
- · Work on aspiration, especially in young people
- More consistent health support, for example cooking classes
- More mental health support
- More local shops selling healthy and affordable food

What's happening in the area now and future plans:

- A community health development officer will be recruited to help support existing and new community groups in the local area.
- Oxfordshire County Council are providing grant funding to support activities that improve health and wellbeing in the local area. Grant applications open on 1st June 2023. Email lisa@communityfirstoxon.org for more information.
- Oxfordshire Play Association Play Day at Southern Town Park on 8th July.
- · A range of activities are happening at the Carousel Family Centre
- Sustrans are working to make walking and cycling in the area more accessible.
- Ride revolution will provide restored bikes to residents to encourage active travel.
- Nature trails walking routes around Abingdon with a focus on nature, mental health and wellbeing.
- The arts group, Makespace, will run art projects with community groups, residents and schools to create safe spaces for creativity and well-being.
- Healthy Abingdon will set up junior park runs aimed at getting young people outside and enthusiastic about running.
- The Vale of White Horse District Council will provide funding from the government's Shared Prosperity Fund, to invest in communities.